

Head Coach: Emma Scholtz

Advanced Certificate in Exercise Science
Certificate in Sports Specific Movement
I.S.T.D. Associate Diploma (Dance)
Group Fitness Instructor
Diploma in Nutrition



PRICE LIST

SESSIONS	PRICE PER MONTH	DURATION
Private Sessions		
1 per week	R 1 000.00	30 minutes
2 per week	R 2 000.00	30 minutes
3 per week	R 3 000.00	30 minutes
4 per week	R 4 000.00	30 minutes
SESSIONS	PRICE PER MONTH	DURATION
Private Sessions		
1 per week	R 1 500.00	45 minutes
2 per week	R 2 500.00	45 minutes
3 per week	R 3 500.00	45 minutes
4 per week	R 4 500.00	45 minutes
SESSIONS	PRICE PER MONTH	DURATION
Partner Sessions		
1 per week	R 1 000.00 p/p	45 minutes
2 per week	R 1 500.00 p/p	45 minutes
3 per week	R 2 000.00 p/p	45 minutes
4 per week	R 2 500.00 p/p	45 minutes
SESSIONS	PRICE PER MONTH	DURATION
Group Classes		
2 per week	R 1 000.00 p/p	45 minutes
3-4 per week	R 1 500.00 p/p	45 minutes

BANKING DETAILS: Warrior Warehouse | FNB Table View | Cheque Account |
Account Number: 6252 0129 744 | Branch Code: 203809